

CERTIFICATION APPLICATION

mail your application to: MEPS 1807 Robinson Avenue, Ste 202 San Diego, CA 92103

or fax: 619. 298.1116 attn: STOTT EDUCATION

CONTACT INFORMATION

name		company name (if applicable)	
address			
city	state/province	zip/postal code	country
phone (day)	(evening)		
fax	e-mail address		

COURSE REGISTRATION

Applications must be accompanied by 2 letters of reference and a deposit of 20% of the course fee. Space is limited and applications will be processed on a first-come-first-served basis. **Space will ONLY be reserved upon the receipt of all application materials and deposit.**

Prices are subject to change without notice. Fees for courses and workshops do not include required course materials or applicable taxes. Course fees are due 2 weeks before course start date. **Deposits and course fees are non-refundable. Deposits are non-transferable.** For full details on our registration and cancellation policy, contact us or visit www.stotpilates.com/education/cancelpolicy.html

COMPREHENSIVE PROGRAM

CMR Mat & Reformer – 90 hours + 60 hrs apprenticeship	CCCB Cadillac, Chair and Barrels – 50 hours + 40 hrs apprenticeship
ISP Injuries & Special Populations – 24 hours	AMP, AR, ACCB Advanced Repertoire – 36 hours
FULL [CMR, CCCB, ISP, AMP, AR, ACCB] – 7 month program + 100 hrs apprenticeship	

INTENSIVE PROGRAM

IMP Mat-Plus – 40 hours	AMP Advanced Matwork Repertoire – 6 hours
IR Reformer – 50 hours	AR Advanced Reformer Repertoire – 18 hours
ICCB Cadillac, Chair and Barrels – 50 hours	ACCB Advanced CC&B Repertoire – 12 hours
ISP Injuries & Special Populations – 24 hours	

REHABILITATION PROGRAM

RMR1 Lumbar & Shoulder Girdle Stabilization on Mat & Reformer – 24 hours	RCCB1 Lumbar & Shoulder Stabilization on Cadillac, Chair & Barrels – 24 hours
RMR2 Peripheral Joint Rehabilitation on Mat & Reformer – 24 hours	RCCB2 Peripheral Joint Rehabilitation on Cadillac, Chair & Barrels – 24 hours

START **DATE(S)** REQUESTED see attached fee and course schedule

PAYMENT METHOD

deposit only	full payment	MasterCard	VISA	AMEX	cheque	money order
#	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
	<input type="text"/>	exp	<input type="text"/>	name on card		

signature

CHARACTER REFERENCES

This application must be accompanied by two letters of references. Letters should reflect course prerequisites, your teaching abilities and character.

please list related degrees, diplomas, post secondary or certificate courses and workshops

describe anatomy education (muskuloskeletal / biomechanics)

college / university course

workshop / other

(include number of hours, when/where you studied)

list related certification (eg. ACE, AFAA etc. please specify)

RELEVANT EXPERIENCE

outline your teaching experience (describe subject taught / years teaching)

describe your personal experience in dance, fitness or other body work (how many years / how recently)

outline your pilates experience (describe when & where, STOTT PILATES or other)

none

1-10 hours

10-30 hours

30+ hours

PERSONAL INFORMATION

have you any injuries, conditions (including current / recent pregnancy) or postural issues that may affect your performance during the course?
(medical clearance may be required)

how did you hear about STOTT PILATES / STOTT EDUCATION?

why are you interested in becoming a STOTT PILATES certified instructor?

how do you plan to use your certification (how will you be applying your knowledge)?

are you using this course to fulfill continuing education credits?

yes

no